

Instrucciones: a) Duración: 1 h.30m. b) No se permite el uso de diccionario. c) La puntuación de las preguntas está indicada en las mismas. d) Los alumnos deberán realizar completa una de las dos opciones A o B, sin poder mezclar las respuestas.

OPTION A: "Too posh to push myth' exposed, say researchers

1 One in four babies is delivered by caesarean section in Britain, a procedure which has more than doubled
2 since the 1980s. Far from being an "easy alternative" to traditional labour, it is regarded as major surgery. Like any
3 major operation, it carries the risk of bleeding and infection, and the wound can also make it harder for a new mother
4 to cope in the first few weeks following birth. So it is reserved for cases in which natural birth is more risky.

5 However, the high rate of caesareans remains a controversial issue in the UK. It has been suspected that
6 some low-risk women are being offered it for non-medical reasons. The study published in the British Medical Journal
7 looked at data for more than 620,000 single baby births in England in 2008. Of these, 147,726 were delivered by
8 caesarean section, and the reasons for this choice were analysed. Medical reasons were found to be the most
9 common. For instance, more than half of the c-sections carried out in the UK were done as emergencies. Also, a
10 clear majority of women with medical complications in labour, mostly related to previous caesareans, to obesity or to
11 older age, had the operation too. There was no indication that low-risk women were being given caesareans
12 inappropriately, which dismantles the myth that women undergo c-sections to avoid pain.

13 Mervi Jokinen, from the Royal College of Midwives, expressed her satisfaction that women's choices were no
14 longer being blamed for increasing caesarean rates. She said: "The massive reason for the rise of c-sections is the threat
15 of litigation. Hospitals fear legal actions against them if anything goes wrong.

I * **COMPREHENSION** (4 points: questions 1-3, 1 point each; 4-5, 0.5 points each)

ANSWER QUESTIONS 1-3 ACCORDING TO THE INFORMATION GIVEN IN THE TEXT. USE YOUR OWN WORDS.

1. **What factors make caesareans an alternative only when natural birth is more risky?**
2. **What situations are mentioned in the text as medically justified for a caesarean section?**
3. **Why do medical professionals perform more and more caesareans, according to Ms. Jokinen?**

ARE THESE STATEMENTS TRUE OR FALSE? JUSTIFY YOUR ANSWERS WITH THE PRECISE WORDS OR PHRASES FROM THE TEXT, OR USE YOUR OWN WORDS.

4. **"A caesarean is an easy alternative to natural, painful childbirth."**
5. **"This study breaks with the idea that caesareans have increased because women don't want to suffer the pain of childbirth."**

II * **USE OF ENGLISH** (3 points; questions 6-9, 0.25 points each; 10-13, 0.5 points each)

6. **FIND IN THE TEXT THE WORD WHICH HAS THE FOLLOWING DEFINITION: "to prevent from happening" (VERB)**
7. **WHICH WORD DOES NOT HAVE THE SAME MEANING? wound / injury / risk / lesion**
8. **GIVE ONE OPPOSITE FOR "narrow" (ADJECTIVE):**
9. **FIND IN THE TEXT ONE OPPOSITE FOR "more" (ADJECTIVE/ADVERB):**
10. **FILL IN THE GAP WITH A CORRECT FORM OF THE VERB IN BRACKETS: I (wear) a new dress, do you think he'll notice?**
11. **COMPLETE THE FOLLOWING CONDITIONAL SENTENCE: If they hadn't gone to Sue's wedding**
12. **JOIN THE FOLLOWING SENTENCES USING A RELATIVE. MAKE CHANGES IF NECESSARY: This is the story of a woman. Her son was kidnapped for 9 years.**
13. **USE THE WORDS IN THE BOXES TO MAKE A MEANINGFUL SENTENCE. USE ALL AND ONLY THE WORDS IN THE BOXES WITHOUT CHANGING THEIR FORM:**

on	said	him	Susan	she	couldn't	to	that	go
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III * **PRODUCTION** (3 points)

14. **WRITE A COMPOSITION OF APPROXIMATELY 120 WORDS. CHOOSE ONE OF THE FOLLOWING OPTIONS, AND FOCUS STRICTLY ON IT. SPECIFY YOUR OPTION.**

- A) **What routines would facilitate a healthy lifestyle that would minimise the possibilities of having to undergo an operation?**
- B) **Discuss your views and/or experiences on belonging to a large or a small family.**